

The Shadow Work

The first part of this was already published on the group – the 2nd part was not published.

**The 'Shadow' can be seen as the Subconscious.
So what we do with RELEASING IS already SHADOW WORK.**

But in a deeper sense, the 'Shadow' is the 'Evil'.

It is about our hidden 'Evil Intentions'.

Now there are people who say that 'evil' does not exist and that it is all a question of the view-point.

"It's all ongoing creation"- they say - and "It is all Energy".

It might be that 'evil' is the wrong name seen from the oppressor - but it is certainly the right name seen from the victim.

It is a big problem for most people to confront 'evil', to see it as it is and not to play it down, 'explain it' and 'justify it' - because "what cannot be cannot be".

But we see in the real world, that it exists - and we cannot really understand how these things are possible.

This post will explain at least some of it.

There is a part of us which is deeply hidden.

I don't say it exists in everyone - but it is common.

Very few are able and willing to even look at it in themselves.

And no one speaks about it - ever.

This is the 'Evil Shadow'.

Below I will explain some of what this evil shadow really is and how we can release it.

This is a 'trigger post' and if you feel not comfortable with it - just leave it for the moment. :-)

It might not be for you.



The Evil Shadow

The evil energy is the urge to torture, destroy and annihilate other bodies and beings for the sake of power and often for sexual satisfaction.

It can be executed only sparingly, reluctantly and sporadically or as a long and deep abuse - or in the extreme as an urge to torture, destroy and kill.

When it comes up as a rush, taking over the body, it is probably connected to the Sacral Chakra (Sex-Chakra) if not to the Root Chakra too.

It is often ridden with entities and/or connected to a morphic field.

Technically we can see it as the reversal of an overcharged pole of a polarity.

(Overcharged poles swap into the opposite pole).

The Overcharged urge to identify with something/somebody (possessive love) swaps into its contrary - the urge to torture, destroy and annihilate it.

This is not 'understandable' - until you experience it.

That's why the atrocities which are done (or imagined to be done) target the most lovely and beautiful, soft and innocent, young or very young Beings.

They get 'loved' to death.

Side remark:

People who are ridden with an evil entity which torments them - are very often females who were especially lovely, soft and innocent as a child and who got sexually abused at a very young age. This is when the evil entity attaches itself to its confused victim – and stays there often during their whole life.

The Evil Shadow-Energy is unbelievable negative and destructive and has a huge power. When the person contacts this energy within himself - his reality changes (during the contact with this energy.) His body is taken over.

For the person who has contacted this energy in full blast it might look as if nothing could be done to overcome it and he will never speak to anyone about it.

Normally not even in session.

He might try to 'say something about it' but will not come forward with the full truth.

But something CAN be done.

1) We do TIER (Traumatic Incident Erasing)

We erase all we can regarding past incidents from both sides (as the oppressor and as the victim).

2) We do Deep RELEASING

We do a very thorough session with deep releasing - treating it (and sex if sex is involved) as an addiction and dis-charging the stuck 'positive' experiences he is hung up on.

We would then on level 4 free any entities involved, attachments to morphic fields etc.

So far nothing new.

But then we would also do

3) We do Polarity Processing

As the person - on this level - is a composite of both, the urge to love and the urge to destroy and kill - and as these are polarities - the poles - if seen clearly - can be merged - discharged toward each other.

As per the laws of the spiritual mechanics, the pole which came first will suck up the pole which came second.

And as the urge to love came first (love as a creation) - and the urge to torture, destroy and kill this creation came second - the content of this 2nd pole will be neutralized. The 'Polarity Structure' itself will still be there - and can charge up again with time - depending upon the level the person lives on. But if so - can be dis-charged again.

This will take the person higher up, above these poles, to a less 'emotional and possessing' way of 'loving'. :-)

Note:

If you DO NOT HAVE any problem with evil thoughts or urges - then simply go on with life. Do not put something there which is not.

But if you feel it would be good for you to confront your own 'evil'- you now might understand that I know about this phenomena and that you can speak to me. I can work with you.

We would need a set of 6 sessions (which probably will be enough - but I make no promise).

Mark

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